1: Gurdon E-4, 5 (no date) 1907 AR7 Khasi AR7

000 which are not found usually in the people of India. He is
461 not above manual labour, and even the Khasi clerk in the
333 Government offices is quite ready to take his turn at the hoe
335 in his potato garden. The men make excellent stonemasons and carpenters, and are ready to learn fancy carpentry and
276 mechanical work. They are inveterate chewers of *supari* and
804 the pan leaf (when they can get the latter), both men, women, and children; distances in the interior being often measured by the number of betel-nuts that are usually chewed on a
273 journey. They are not addicted usually to the use of opium or other intoxicating drugs. They are, however, hard drinkers, and consume large quantities of spirit distilled from rice or millet. Rice beer is also manufactured; this is used not only as a beverage, but also for ceremonial purposes. Spirit drinking is confined more to the inhabitants of the high plateaux and to the people of the Wár country, the Bhois and Lynngams
276 being content to partake of rice beer. The Mikirs who inhabit
751 what is known as the "Bhoi" country, lying to the north of the district, consume a good deal of opium, but it must be remembered that they reside in a malarious *terai* country, and that the use of opium, or some other prophylactic, is probably
525 beneficial as a preventive of fever. The Khasis, like other people of Indo-Chinese origin, are much addicted to gambling.
577 The people, and especially those who inhabit the Wár country, are fond of litigation. Col. Bivar remarks, "As regards truthfulness the people do not excel, for they rarely speak the truth unless to suit their own interests." Col. Bivar might have confined this observation to the people who live in the larger centres of population, or who have been much in contact with the denizens of the plains. The inhabitants of the far interior are, as a rule, simple and straightforward people, and are quite as truthful and honest as peasants one meets in other countries. My impression is that the Khasis are not less truthful certainly than other Indian communities. McCosh, writing in 1837, speaks well of the Khasis. The following is his opinion of them:—"They are a powerful, athletic
[47] race of men, rather below the middle size, with a manliness of gait and demeanour. They are fond of their mountains, and look down with contempt upon the degenerate race of the

[the Khasi --- Angl/1!]

I. Gurdon E-4, 5 (no date) 1907 AR7 Khasi AR7

of them, more especially when the latter are situated in places where jungle is dense, and there is fear of attacks from wild animals. In the Lynngam village is to be seen a high bamboo platform some 20 to 30 ft. from the ground, built in the midst of the village, where the elders sit and gossip in the evening.

All the villages, Khasi, Wár, Lynngam and Bhoi, swarm with pigs, which run about the villages unchecked. The pigs feed on all kinds of filth, and in addition are fed upon the wort and spent wash of the brewings of country spirit, or rice beer, the latter being carefully collected and poured into wooden troughs. The pigs are of the usual black description seen in India. They thrive greatly in the Khasi villages, and frequently attain extreme obesity.

In the Khasi villages of the high plateaux are often nowadays potato gardens, the latter being carefully protected from the inroads of pigs, calves, and goats by dry dikes surmounted by hedges.

I noticed an interesting custom at a Bhoi village in Nongpoh of barricading the path leading to the village from the forest with bamboo palisading and bamboo *chevaux de frise* to keep out the demon of cholera. In the middle of the barricade there was a wooden door over which was nailed the skull of a monkey which had been sacrificed to this demon, which is, as amongst the Syntengs, called *khlam*.

FURNITURE AND HOUSEHOLD UTENSILS.

As in the case of houses, so with reference to furniture, the influence of civilization shows many changes. The Khasi of the present day who lives in Mawkhar * has a comfortable house regularly divided up into rooms in the European style with even some European articles of furniture, but owing probably to the influence of the women, he still possesses several of the articles of furniture which are to be met with in the houses of those who still observe the old style of living. Let us take the furniture of the kitchen to begin with. Above the hearth is slung by ropes of cane a swinging wooden framework

* Mawkhar is a suburb of Shillong, the headquarters station.

20: Hunter G-4 (no date) 1897 AR7 Khasi AR7

remarkably, and there are few indigenous diseases of any kind. Malarious fevers of local origin are unknown, and cholera never prevails in the Hills except when directly imported from the plains. Notwithstanding the excessive rainfall, the climate of Cherrá Púnjí also is pleasant and salubrious. The rainfall is confined in great part to the five months from May to the end of September. For the rest of the year the weather is mild and very equable, and in the winter months almost pleasanter than that of Shillong.

Small-pox is the chief scourge amongst the Khásiás. The faces of more than half the people are seamed by the marks of this disease. Strenuous efforts have recently been made to introduce vaccination, and with some success. Within the past three years nearly 5000 children have been vaccinated. The number of vaccinations in 1876 was 1309, as compared with 1628 in the preceding year.

Dysentery and bowel complaints generally prevail to a considerable extent; and, as at most other hill stations in India, the English residents at Shillong occasionally suffer from these diseases. Disorders of the liver are also not uncommon, usually affecting persons who have recently arrived from the plains, probably from unhealthy localities. When they have once passed through a short period of acclimatizing indisposition, most English residents at Shillong enjoy excellent health.

The *tardi* country lying along the foot of the Hills, especially on the northern side, is extremely malarious; and people passing through, especially pedestrians who travel without comforts and expose themselves to great fatigue, contract remittent fevers and agues of a severe type.

EPIDEMICS.—The following is a brief notice of some recent epidemics. Cholera made its appearance in the Hills in May 1869, travelling from the direction of Jáintiápur, on the borders of Sylhet. It only showed its presence by a few sporadic cases from time to time until the 11th July, when the disease broke out in an epidemic form among the police and in the jail. The police and the prisoners were at once moved into camp, and communication restricted as much as possible. These precautions probably had the effect of preventing the spread of the disease at Shillong. The epidemic lasted a week; it attacked twenty-four persons, of whom fifteen died. From Shillong the disease travelled southwards, the people deserting their villages as the plague broke out. In the